



MONTE MEMO

November 1st, 2023-November 30th, 2023

Pamela Picchiottino, Principal

Michael Benecchi, Assistant Principal

Important Dates

Wednesday, November 1st

No school

Friday November 3

AAPAC meeting 3:30

Sunday, November 5th

Time change—set your
clocks back!

Wednesday, November 8th

Early out

Friday, November 10th

No school—Veterans Day

Wednesday November 15th

Early Out

November 20th

—November 24th

No school —Thanksgiving Break

November 29th

Early out

Upcoming Events

December

December 16–January 8

Christmas Break



Hello Mountain Lion Families,

We are thankful for so many things this time of year and one of the biggest is our Monte Vista Community! We have enjoyed many activities over the past month due to our community of parents, students, and teachers.

It was great to see all of our parents and family members during parent conferences! Thank you for working collaboratively with our teachers to create a supportive learning environment for our students!

Last week's PTA sponsored Monte Fest was great fun! We had a huge turnout and between the activities, food, games, Haunted Library, vendor fair and music, a fun time was had by all!! Thanks for helping to make Monte Vista the great school that it is!

Mrs. Picchiottino & Mr. Benecchi



**DON'T
FORGET**

TO SET YOUR
CLOCKS BACK
ONE HOUR
THIS SUNDAY.



Sunday, November 5th

spelling bee



The spelling bee is coming! 4th and 5th grade students will be participating in a spelling bee in their classrooms in November. The winners of the classroom spelling bee will then participate in a school-wide spelling bee in December.

Important Links

[SCHOOL WEBSITE](#)

[MENUS](#)

[BAND](#)

[PTA](#)

[COUNSELOR'S CORNER](#)



It's Book Fair Time!

Visit our school's homepage to get the latest Book Fair news, shop our Online Fair, and more! bookfairs.scholastic.com.

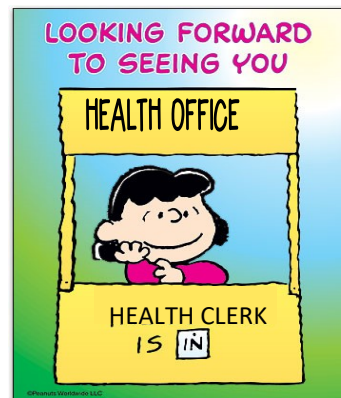
Book Fair starts on 11/29 through 12/5.



Reminder from the Health Office:

Please Make sure to keep your student home if they are ill. Please click [here](#) for some important information from the Health office.

Michele K. Hanley,
MVES Health Tech
951-894-5085 x2993



A message from PTA,

Thank you for all of the sponsors, vendors, donations and helpers for Monte Fest. Without everyone's help this event is not possible. Thank you for volunteering your time to make this a successful event for our students.

Please make sure you save the date for some upcoming events:

- We have Book fair starting November 29th thru December 5th.
- Hot Cocoa with Santa, December 1st
- Holiday Shop 12/7-12/14

MENUS

NOVEMBER

Elementary Breakfast Menu

1- Free Breakfast per student per day.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Includes Assorted Fresh Fruit Fruit Juice 1% White Milk or Non-Fat Chocolate Milk		1 Non-Student Day	2 Bagel w/cream cheese	3 Biscuit & Chicken Sausage Patty
6 Cinnamon Apple Muffin Top	7 Cinnamon Roll	8 Breakfast Sausage Pizza	9 Mini Maple Pancakes	10 Holiday No School
13 Chocolate Muffin	14 Strawberry Boli	15 French Toast Sticks	16 Bagel w/cream cheese	17 Biscuit & Chicken Sausage Patty
20 No School 10/20-10/24	21	22	23	24
27 Cinnamon Apple Muffin Top	28 National French Toast Day! French Toast Sticks	29 Breakfast Sausage Pizza	30 Mini Maple Pancakes	Offered Daily Cereal w/ yogurt Breakfast Bar

Happy Thanksgiving

This Institution is an equal opportunity provider.

Menu subject to change without notice.

NOVEMBER

Elementary Lunch Menu

1- Free Lunch per student per day.

Lunch Includes

Unlimited Daily Salad Bar

100% Fruit Juice &

1% White Milk or

Non-Fat Chocolate Milk


Monday	Tuesday	Wednesday	Thursday	Friday
Salad Bar Entrée Includes choice of Protein & Grain *Hard Boiled Eggs w/crackers *Hummus Cup w/pita chips *String Cheese w/crackers		1 Non-Student Day	2 Meatballs & Marinara w/ texas toast	3 Hamburger
6 National Nacho Day! Baked Tostito Nachos	7 Cheesy Garlic Toast	8 Chicken Drumstick w/ texas toast	9 Teriyaki Chicken Bowl	10 Holiday No-School
13 Cheesy Bread Bites w/ marinara	14 Cheeseburger Sliders	15 Holiday Chicken Nuggets w/ crackers *Rosati Ice	16 Turkey & Gravy w/ mashed potatoes & a dinner roll	17 Chicken Burger
20 No School 11/20-11/24	21	22	23	24
27 Mac & Cheese	28 Chicken Tacos	29 French Toast Sticks w/ chicken sausage patty	30 Orange Chicken w/ brown rice	Offered Daily *PB&J Snack Pack *Turkey & Cheese Sub Sandwich

Happy Thanksgiving

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NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1  Teacher Day	2 MEET AND EAT 7:15A HOME-WORK HELP 2:45-3:45	3 MEET AND EAT 7:15A FRIDAY FLAG FULL BAND AAPAC MEETING 3:30 
6 MEET AND EAT 7:15A BAND SECTIONALS ELITE GAMING 2:50-4:30	7 MEET AND EAT 7:15A 5th Grade Field of Honor FOOTBALL TK-2ND GR 3:00-5:00PM Wear BLUE for Diabetes awareness month!	8 MEET AND EAT 7:15A EARLY OUT	9 MEET AND EAT 7:15A HOME-WORK HELP 2:45-3:45 FOOTBALL 3RD-5TH GR 3:00-5:00PM	10 
13 MEET AND EAT 7:15A BAND SECTIONALS ELITE GAMING 2:50-4:30	14 MEET AND EAT 7:15A FOOTBALL TK-2ND 3:00-5:00PM Wear BLUE for Diabetes awareness month!	15 MEET AND EAT 7:15A EARLY OUT	16 MEET AND EAT 7:15A HOME-WORK HELP 2:45-3:45 FOOTBALL 3RD-5TH GR 3:00-5:00PM	17 MEET AND EAT 7:15A FRIDAY FLAG FULL BAND 
20	21	22	23	24
No school 11/20-11/24 HAPPY THANKSGIVING!				
27 MEET AND EAT 7:15A BAND SECTIONALS ELITE GAMING 2:50-4:30	28 MEET AND EAT 7:15A FOOTBALL TK-2ND 3:00-5:00PM Wear BLUE for Diabetes awareness month!	29 MEET AND EAT 7:15A EARLY OUT BOOK FAIR	30 MEET AND EAT 7:15A HOME-WORK HELP 2:45-3:45 FOOTBALL 3RD-5TH GR 3:00-5:00PM BOOK FAIR	1 MEET AND EAT 7:15A FRIDAY FLAG FULL BAND BOOK FAIR

HAVE A HAPPY AND SAFE THANKSGIVING BREAK
WITH YOUR FAMILY!



MONTE VISTA ELEMENTARY

HOLIDAY GIFT CARD DRIVE

To help our Monte families in need during the holiday season, Monte Vista Elementary is initiating a gift card drive. Any amount and any location that can provide essentials would be greatly appreciated. Suggestions include: Grocery stores, Target, Walmart, Door Dash or gas station. If you choose to participate you can drop your card off in the office or to your student's teacher. We will add an ornament to our giving tree with your name on it. Thank you for your kindness!

Together we can make a huge impact!

**GIFT CARDS FOR
THANKSGIVING
DUE BY 11/13**

**GIFT CARDS FOR
DECEMBER HOLIDAYS
DUE BY 12/12**



Monte Vista Elementary

African American Parent Advisory Council (AAPAC)

The mission of the AAPAC is to support the academic and social-emotional growth of African American students at Monte Vista Elementary.

SAVE THE DATES:

2023/2024 Meeting Dates

November 3, 2023

Please click here to RSVP by November 1st

February 9, 2024 & May 24, 2024

Meeting Times: 3:30-5:00pm

(Light Refreshments will be Served)

ALL PARENTS AND EDUCATION PARTNERS ARE WELCOME

Contact:

Temeca Green

tgreen@murrieta.k12.ca.us

Tanysha Lucas

tlucas@murrieta.k12.ca.us

Location:

MVES - MPR

37420 Mira Mosa

Murrieta

HELP US FEED THOSE IN NEED!

SHARE THE HARVEST FOOD DRIVE



DONATIONS NEEDED:

- | | | |
|------------------|------------------|-----------------|
| •Turkeys | •Canned Corn | •Canned Green |
| •Stuffing | •Mashed Potatoes | Beans |
| •Cranberry Sauce | •Gravy | •Sweet Potatoes |
| •Pie | •Drinks | •Dinner Rolls |

We would like to invite our families to contribute to this season of giving by supporting Murrieta Mesa's Share the Harvest Food Drive. Families can support by bringing the following items to Monte Vista: stuffing, cranberry sauce, canned corn, mashed potatoes, gravy, sweet potatoes, and canned green beans. Perishable items only please. Please bring items to the MPR and place on the stage by Wednesday, November 15th. Our families' donations will support Murrieta Mesa's Share the Harvest Thanksgiving Dinner and Fall Festival on November 18th.

Thanks so much!

Counseling Connection

Monte Vista Elementary School
Temeca Green, School Counselor
tlgreen@Murrieta.k12.ca.us
951-894-5085 ext.2966

SUPPORT & LINKS

Native American Library
[Click Here](#)

Free Mental Health
Concierge
[Click Here](#)

30 Days of Gratitude
[Click Here](#)



A special thank you to
our Veterans. You are
honored and
appreciated!



November is a month we celebrate gratitude. Practicing gratitude helps kids shift their focus from what they lack to what they have, promoting a positive outlook on life. Encourage your child to keep a gratitude journal, where they can jot down three things they are thankful for each day. By cultivating this habit, we're nurturing their emotional well-being and teaching them the importance of appreciating life's little joys. So, let's take a moment each day to count our blessings and watch as our children grow in happiness and resilience.

Cultural Spotlight

National Native American Heritage Month celebrates and recognizes the accomplishments of the peoples who were the original inhabitants, explorers and settlers of the United States. Both law and proclamation recognized the Native Americans as the first inhabitants of the lands that now constitute the United States as well as making mention of their contributions to American society: Many of the foods we eat and the medicines and remedies we use were introduced by Native Americans. Many highways we have today follow a Native American trail. Native Americans make contributions in every area of endeavor and American life, and our literature and all our arts draw upon Native American themes and wisdom. Countless Native Americans have served in our Armed Forces and have fought valiantly for our country. We recognize the contributions and influence of Native Americans to the history, culture, and achievements of the United States.

Emotion Management Tips



Use a stop signal. Using a stop signal send a message to your brain to stop and tells it it's time to redirect one's thoughts. Some stop words that a child can use are: Stop, chill out, hold on, let's take a minute, and relax.



Name your feeling. Your child should out loud or using their "self-talk" state the specific feeling they're feeling. Such feeling like sad, mad, frustrated, jealous, frustrated, and/or lonely.



Coping strategies such as long deep breaths, counting to 10, and positive self-talk. Children can self-motivate by telling themselves "I got this" or "I can do it." This could also be a good time to seek help from a trusted adult or just take a break.

SHARE THE HARVEST THANKSGIVING DINNER AND FALL FESTIVAL

COME TO THE MURRIETA MESA HIGH SCHOOL RAMS DEN AND SHARE A FREE THANKSGIVING MEAL WITH COMMUNITY FELLOWSHIP. EVERYONE IS INVITED TO ATTEND. WE WILL BE SERVING: TURKEY WITH STUFFING, GREEN BEANS, CORN, MASHED POTATOES AND GRAVY, CRANBERRY SAUCE, SWEET POTATOES, ROLLS, DRINKS, AND PIE.

SATURDAY NOVEMBER 18TH

12:00-4:00

@MURRIETA MESA HIGH SCHOOL

24801 MONROE AVE.

MURRIETA CA, 92562

THANKSGIVING MEAL BOX GIVEAWAY

**THAT INCLUDES A FROZEN TURKEY
AND ALL THE FIXINGS. HOWEVER,**

**IT IS LIMITED TO ONE PER
HOUSEHOLD WHILE SUPPLIES LAST.**



GAMES

ARTS & CRAFTS

& MORE!!

**FOR MORE INFORMATION
PLEASE CALL MMHS AT
(951) 677-0568 OR EMAIL
MARCE@MURRIETA.K12.CA.US**

